

MS/HS January 2025 Lunch Menu

January
2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	31	1	2	3
6 BBQ Rib Sandwich Cucumber Ranch Salad Crispy Chicken Patty Sandwich Build Your Own Sub Baby Carrots Celery Sticks Diced Peaches Fresh Grapes Choice of Milk	7 Fluffy Pancakes Easy Egg Bake Roasted Beef Hot Dog on a Bun Build Your Own Sub Celery Sticks HOM - Grapefruit Orange Coleslaw Mixed Fruit Fresh Grapes Choice of Milk	8 Chicken Taquito Spanish Rice All American Hamburger on a Bun Build Your Own Sub Spiced Pinto Beans Celery Sticks Pineapple Tidbits Fresh Grapes Choice of Milk	9 Pasta w/ Hearty Meat Sauce Garlic Toast Homemade Cheese Pizza Build Your Own Sub Roasted Broccoli Romaine Lettuce Applesauce Fresh Grapes Choice of Milk	10 Salsa Chicken Bowl Homemade Brownie Pancake on a Stick Build Your Own Sub Cherry Tomato Cauliflower Floret Diced Pears Fresh Grapes Choice of Milk
13 Crispy Chicken Nuggets Dinner Roll Corn Dog Build Your Own Sub French Fries Baby Carrots Diced Peaches Banana Choice of Milk	14 Hard Shell Beef Tacos with Spanish Rice Spicy Crispy Chicken Patty Sandwich Build Your Own Sub Refried Beans Carrot Sticks Lettuce, Tomato and Cheese Mixed Fruit Banana Choice of Milk	15 Chicken Potstickers Chicken Fried Rice All American Hamburger on a Bun Build Your Own Sub Kung Fu Carrots Baby Carrots Pineapple Tidbits Banana Choice of Milk	16 Lasagna Garlic Toast Homemade Pepperoni Pizza Build Your Own Sub Roasted Broccoli Baby Carrots Applesauce Banana Choice of Milk	17 Toasted Cheese Sandwich Tomato Soup Crispy Chicken Patty Sandwich Build Your Own Sub Cherry Tomato Baby Carrots Sliced Pears Banana Choice of Milk
20 No School	21 Pasta w/ Hearty Meat Sauce All American Hamburger on a Bun Build Your Own Sub Garlic Toast Roasted Broccoli Caesar Side Salad Other Vegetable Mixed Fruit Pear Choice of Milk	22 Carnita Nachos Spicy Crispy Chicken Patty Sandwich Build Your Own Sub Glazed Carrots Other Vegetable Pineapple Tidbits Pear Choice of Milk	23 Roast Turkey & Gravy Homemade Cheese Pizza Build Your Own Sub Whole Grain Dinner Roll Mashed Potatoes Roasted Carrots Cauliflower Floret Applesauce Pear Choice of Milk	24 Pancake on a Stick Crispy Chicken Patty Sandwich Build Your Own Sub Warm Cinnamon Apples Red/Orange Bell Pepper Tator Tots Orange Quarters Diced Pears Choice of Milk
27 Sloppy Joe on a Bun French Fries Corn Dog Build Your Own Sub Baked Beans, Vegetarian Red/Orange Vegetable Diced Peaches Fresh Grapes Choice of Milk	28 BBQ Pulled Pork Sliders Coleslaw Spicy Crispy Chicken Patty Sandwich Build Your Own Sub Roasted Corn Mixed Fruit Fresh Grapes Choice of Milk	29 Cheese Bosco Sticks Marinara Sauce All American Hamburger on a Bun Build Your Own Sub Steamed Green Beans Baby Carrots Pineapple Tidbits Fresh Grapes Choice of Milk	30 Roast Pork & Gravy Whole Grain Dinner Roll Hot Honey Chicken Pizza Build Your Own Sub Mashed Potatoes Red/Orange Bell Pepper Applesauce Fresh Grapes Choice of Milk	31 Turkey Tetrazzini Whole Grain Dinner Roll Crispy Chicken Patty Sandwich Build Your Own Sub Glazed Carrots Baby Carrots Diced Pears Fresh Grapes Choice of Milk

PRICES

K-5	\$3.25
6-12	\$3.30
Reduced	\$4.40
Adult	\$4.84
Milk	\$5.50

EXTRA INFO

Questions or concerns please email
theresaeven@wghawks.school

HARVEST OF



THE MONTH

Menus and nutrition
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Taher Food4Life®



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