

December Middle School High School Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MUNDAY 2				
Crispy Chicken Nuggets Whole Grain Dinner Roll Cheeseburger on WG Bun Mashed Potatoes Roasted Corn Baby Carrots Diced Peaches Banana Choice of Milk	3 Carnita Nachos Chicken Patty Sandwich Spanish Rice Baby Carrots Mixed Fruit Banana Choice of Milk	4 Orange Chicken Fried Rice Pancake on a Stick Kung Fu Carrots Red/Orange Bell Pepper Pineapple Tidbits Banana Choice of Milk	Pasta with Meat Sauce Garlic Toast Taco Pizza Baby Carrots Roasted Broccoli Applesauce Banana Choice of Milk	6 LTOBrussel Sprouts Chicken Fried Steak Mashed Potatoes Spicy Chicken Patty on Bun Roasted Brussels Sprouts Baby Carrots Sliced Pears Banana Choice of Milk
9	10	11	12	13
Cheese Bosco Sticks Marinara Sauce Beef Hot Dog on a Bun Steamed Green Beans Cauliflower Floret Diced Peaches Pear Choice of Milk	Bamboo Jerk Chicken Sandwich w/ Pineapple Pico Cilantro Lime Rice Hamburger on a Bun Cucumber Slices Cauliflower Floret Mixed Fruit Pear 1% Unflavored Milk	Scrambled Egg Pancakes Chicken Patty Sandwich Broccoli Florets Cauliflower Floret Plneapple Tidbits Pear Choice of Milk	Macaroni & Cheese Whole Grain Dinner Roll Homemade Pepperoni Pizza Roasted Broccoli Cauliflower Floret Applesauce Pear Choice of Milk	Turkey and Noodles Mashed Potatoes Corn Dog Celery Sticks Baby Carrots Diced Pears Pear Choice of Milk
16	17	18	19	20
BBQ Pulled Pork Sandwich Baked Beans, Vegetarian French Fries Hamburger on a Bun Cherry Tomato Red/Orange Vegetable Diced Peaches Fresh Grapes Choice of Milk	Grilled Cheese Sandwich Homemade Tomato Soup Spicy Chicken Patty on Bun Broccoli Florets Baby Carrots Mixed Fruit Fresh Grapes Choice of Milk	Chef's Choice will be announced Dec 13	Chef's Choice Will be announced Dec 13	Chef's Choice Will be announced Dec. 13

K-5 \$3.25 6-12 \$3.40 Reduced \$.40 Adult \$4.84 Milk \$.50

Question or concerns email theresaeven@wghawks.school



Menus and nutrition our app Taher Food4Life®

